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Lack of control when you poo?

Poo: faeces, stool, bowel movement **Incontinence:** when you have problems with controlling your poo

Fecal incontinence is the unwanted loss of poo, this means you have poor control over your bowel. Other symptoms include: if you lose poo unexpectedly, you have to go to the toilet often, or you may not have much warning before you need to go to the toilet. Some people have to deal with one or more of these symptoms.

Are you suffering from:

- The urgent need to go to the toilet
- Loose feaces/stool without being aware
- Stained or soiled underwear
- Not being able to reach the toilet in time
- Diarrhoea

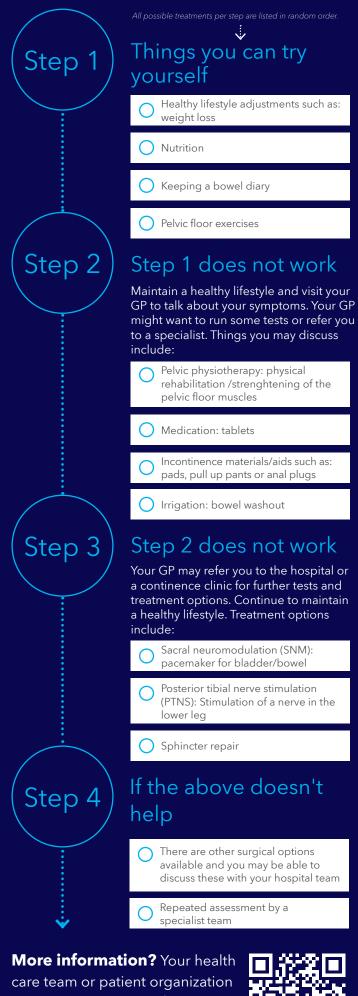
In this overview you can see different options to treat these symptoms. In addition, you can check with your doctor to see which treatment works best for you. Furthermore, this overview provides general guidance and should not be used as an alternative to the advice of your doctor.

Did you know?

Hospital doctors that look after your bowel are named "Corolectal Surgeons, Coloproctologist or Gastroenterologist"

This flowchart is an overview based on international recommendations, individual centers may have treatment pathways that differ.

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