

Healthcare professional symposium

Wednesday 27th September 2023 | Coventry Building
Society Arena



B Bladder &
Bowel UK

Supporting bladder and bowel
health **for everyone**

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Society Arena



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health **for everyone**

With thanks
to our **key sponsor** for
this event



WELCOME

We are delighted to welcome you to the Bladder & Bowel UK Midlands Symposium, here at the Coventry Building Society Arena.

We have an exciting programme of **speaker sessions** for you. As always, we are blown away by the range of work being undertaken in the field of bladder and bowel health. We are lucky, and deeply thankful to our speakers, to bring such a high-quality roster of presentations to our audience.

A warm welcome to our **company exhibitors**. The continence exhibition features the latest developments from the field of continence, and bladder and bowel health, and delegates will have the chance to explore throughout the day. These exhibitors make the event possible, and we are very grateful that they are joining us here today.

Our key sponsor for this event is Qufora, and they will be showcasing their story of innovation in the **Qufora lounge and exhibition area**. The **Qufora-hosted panel discussion** at 11.50am in the Arena Suite will bring together panellists Monica Lyons, Jessica Kydd-Coutts and Nicola Tonks with hosts Brigitte Collins and Michelle Henderson. The subject is Taking the Pain Away: Evolutionary Approaches to Comprehensive Support and we can't wait to hear the discussion. Thank you to Qufora for their invaluable support in bringing this educational event to life.

We were impressed by all of this year's entries for the 2023 Bladder & Bowel UK **Product Innovation Award and Clinical Excellence Award**. If you missed out on this year's submission window, take a look at the information on page 3 to see when the 2024 awards round begins. For the most up to date information, and alerts about winners, deadlines and more, make sure you are signed up to the Bladder & Bowel UK professional newsletter through www.bbuk.org.uk.

As we plan our next Spring Symposium on 7th March 2024 in Bolton, we will be taking your feedback into account. Please fill out your **feedback form** and return it to us at the reception desk at the end of the day in exchange for your certificate of attendance.

We hope you find the day interesting and inspiring.

Karen Irwin

*Specialist Nurse and Service Manager
Bladder & Bowel UK*

BLADDER & BOWEL UK AWARDS

2023 AWARDS

- Submissions closed
- Judging open
- Winners announced December 2023



2024 AWARDS

- Submissions open January 2024–April 2024
- Winners announced at Bladder & Bowel UK Midlands Symposium, September 2024

THE BLADDER & BOWEL UK PRODUCT INNOVATION AWARD

Recognising design-led solutions to the real needs of people with bladder and/or bowel issues.



Karen Irwin (L) of Bladder & Bowel UK with Ashley Clydesdale (R) of Essity, winners of the 2022 Bladder & Bowel UK Product Innovation Award

THE BLADDER & BOWEL UK CLINICAL EXCELLENCE AWARD

Celebrating outstanding bladder and/or bowel health care.



Representatives of the Heywood, Middleton and Rochdale's Community Bladder and Bowel Service, winners of the 2022 Bladder & Bowel UK Clinical Excellence Award

EXHIBITION

Wednesday 27th September 2023

THE LATEST IN PRODUCT INNOVATION FOR BLADDER AND BOWEL HEALTH

COMPANY NAME

3M	IRWIN MITCHELL SOLICITORS
ACA	LINC MEDICAL
ADAM ROUILLY	MANFRED SAUER UK
ALTURIX	MASIC
ARGON MEDICAL	NOVAMED
ATTENDS HEALTHCARE	NUTRINOVO
B. BRAUN	ONTEX
BEAMBRIDGE MEDICAL	OPTIMUM MEDICAL
BLADDER HEALTH UK	RAPIDCARE
BULLEN HEALTHCARE	SHINE CHARITY
CLINIMED	SOURCE MEDICAL
COLOPLAST	SPINAL INJURIES ASSOCIATION
CONVATEC	SPIRIT HEALTH GROUP LTD
DESMIT MEDICAL	STIRLING ANGLIAN
ESSITY	SYMPROVE
FERRING PHARMACEUTICALS	TELEFLEX
FLEXICARE MEDICAL	TRION PHARMA
GREAT BEAR HEALTHCARE	VIVECA BIOMED
IMEDICARE	WELLSPECT
INCY WINCY	WIN HEALTH MEDICAL

SYMPOSIUM PROGRAMME

Wednesday 27th September 2023

Evidence of attendance and certification will be provided in order to support NMC revalidation for nurses and CPD for other Health Care Professionals

08:30 – 09:45

REGISTRATION AND EXHIBITION VIEWING

Tea and coffee available

Location: Main foyer

9:45 – 09:50

TRANSFER TO SEMINAR ROOMS

PAEDIATRIC (SESSION 1, 9:50 – 11:00) ***ARENA SUITE***

09:50–10:00

INTRODUCTION AND WELCOME

DAVINA RICHARDSON Children's Specialist Nurse, Bladder & Bowel UK

10:00–10:30

TRANSITION TO ADULT SERVICES

LOUISE PORTER National Lead Nurse, Burdett National Transition Nursing Network, Leeds Teaching Hospitals NHS Trust

10.30–11:00

MENTAL HEALTH AND INCONTINENCE

CAROL JOINSON Professor of Developmental Psychology, Bristol Medical School



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SYMPOSIUM PROGRAMME

ADULTS (SESSION 1, 9:50-11:00)

CONFERENCE SUITE

09.50-09.55

INTRODUCTION AND WELCOME

KAREN IRWIN Specialist Nurse, Bladder & Bowel UK

9:55-10:15

ADOLESCENTS: WHAT'S ALL THE FUSS ABOUT?

LOUISE PORTER National Lead Nurse, Burdett National Transition Nursing Network, Leeds Teaching Hospitals NHS Trust

10:15-10:35

DEVELOPING AN INTEGRATED CONTINENCE SERVICE - 18 YEARS ON

FIONA WEAVER Specialist Continence Nurse & Team leader, Community Bladder and Bowel Service, Wirral & **JENNY MCCARTHY** CNS Emerald Nursing Team B.Braun Medical

10:35-11:00

BLADDER AND BOWEL CARE & NURSE EDUCATION

ALISON BARDSLEY Assistant Director for Pre and Post Registration Training, Northamptonshire Healthcare Foundation. NHS Trust Northampton

11:00 - 11:30 COFFEE & EXHIBITION VIEWING

PAEDIATRIC (SESSION 2, 11:30-12:30)

ARENA SUITE

11:30-12:15

TOILETING AND SENSORY PROCESSING - AN O.T. PERSPECTIVE

KATHRYN ALEXANDER & CAROLINE FILLERY

Clinical Specialist Occupational Therapists, Sensory Processing Occupational Therapy Support Service, Central Cheshire Integrated Care Partnership



SYMPOSIUM PROGRAMME

12:15–12:30

DEVELOPING THE LINK NURSE ROLE IN THE RCN BLADDER AND BOWEL FORUM

ANNA HANCOCK Lead Nurse for Bladder and Bowel Care, Coventry and Warwickshire Partnership NHS Trust & RCN Bladder and Bowel Forum Committee member

ADULTS (SESSION 2, 11:30–12:40)

CONFERENCE SUITE

11:30–11:50

UROLOGY / NEUROLOGY CONTINENCE CASE STUDIES

BO YEUNG Clinical Lead Continence Promotion & Stoma Services, Central London Community Healthcare Trust-North Central Division Finchley Memorial Hospital

11:50–12:40



A QUFORA HOSTED PANEL DISCUSSION **TAKING THE PAIN AWAY: EVOLUTIONARY APPROACHES TO COMPREHENSIVE SUPPORT**

HOSTS

BRIGITTE COLLINS

Global Clinical Education Manager, Global Clinical Education Manager
MSc GI Nursing, BSc Nursing, Nurse Prescriber

MICHELLE HENDERSON

Clinical Education Manager
BSc (Hons) Nursing, Nurse Prescriber

PANELLISTS

MONICA LYONS (BSc Hons) Clinical Nurse Specialist in Constipation within the Gastroenterology Department at Kings College Hospital

JESSICA KYDD-COUTTS Pelvic Health Physiotherapist at Imperial College Healthcare NHS Trust

NICOLA TONKS Colorectal and Pelvic Nurse Consultant, Royal Shrewsbury Hospital



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SYMPOSIUM PROGRAMME

LUNCH & EXHIBITION VIEWING

Paediatric lunch 12:30-13:45, Adult lunch 12:40-13:45

PAEDIATRIC (SESSION 3, 13:50-14:50)

ARENA SUITE

13:50-14:35

THE USE OF ANTIMUSCARINICS IN DAY AND NIGHT TIME WETTING

KATHRYN EVANS Consultant Paediatric Urologist, St George's University Hospital Trust

14:35-14:50

CHILDREN'S BLADDER & BOWEL HEALTH: A NATIONAL UPDATE

DAVINA RICHARDSON Children's Specialist Nurse, Bladder & Bowel UK

ADULTS (SESSION 3, 13:50-14:50)

CONFERENCE SUITE

13:50-14:30

INFECTION PREVENTION AND CONTROL AND CONTINENCE

ESTHER TABORN Infection Prevention and Control Improvement Lead, NHS England

14:30-14:50

RCN CATHETER AND BOWEL CARE GUIDELINES UPDATE

ANNA HANCOCK Lead Nurse for Bladder and Bowel care, Coventry and Warwickshire Partnership NHS Trust, and RCN Bladder and Bowel Forum Committee member

14:50-15:00 COMFORT BREAK



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SYMPOSIUM PROGRAMME

PAEDIATRIC (SESSION 4, 15:00-16:20)

15:00-15:40

PELVIC FLOOR TRAINING IN CHILDREN WITH DYSFUNCTIONAL VOIDING

LINDA HYDE Clinical Nurse Specialist **SHIRLEY SINNOTT** Urotherapist, Alder Hey Children's Hospital

15:40-16:10

BEDWETTING: CHALLENGING CURRENT PRACTICE

SAMANTHA TAPSCOTT-ROBERTS Specialist Nurse, Children's Bladder and Bowel Service, Central Cheshire Integrated Care Partnership

ADULTS (SESSION 4, 15:00-16:20)

15:00-15:15

LIVING POSITIVELY WITH BLADDER HEALTH CONDITIONS

SUZANNA EVANS Business Director, Bladder Health UK

15:15-15:30

NEUROGENIC BOWEL CARE / THIS IS #SERIOUS SHIT CAMPAIGN

CAROL ADCOCK Specialist Nurse, Lead Nurse for the North Spinal Injury Association

15:30-15:45

SUPPORTING WOMEN WHO HAVE SUFFERED SEVERE INJURIES DURING CHILDBIRTH KNOWN AS OASI

GEETA NAYLOR & ANNA CLEMENTS MASIC Foundation

15:45-16:05

TENA SMARTCARE CHANGE INDICATOR AND TENA SMARTCARE FAMILY CARE GIVER APP

ESSITY, Product innovation Award Winners 2023

16:05-16:20 ROUND UP & CLOSE



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Bladder & Bowel UK Lunchtime Learning

Precise & comprehensive education
with Davina Richardson

Children's Specialist Nurse RGN/RSCN

**Enuresis
(bedwetting)**

Thurs 5 Oct 2023, 12:30 –
1.30pm

**Constipation and
soiling**

Tues 28 Nov 2023, 12:30 –
1.30pm

Product provision

Wed 6 Dec 2023, 12:30 –
1.30pm

High quality bite-sized training
that's designed to be quick and
efficient.

The Bladder & Bowel UK
Lunchtime Learning topics are
condensed into one-hour
sessions providing you with all the
relevant learning objectives at a
fraction of the time.

Book tickets online
www.bbuk.org.uk



Talk About

A newsletter from Bladder & Bowel UK
for you and your patients



Advice, personal stories
and practical tips in your
inbox from the UK's leading bladder and
bowel charitable service for
children and adults.



Sign up at:

www.bbuk.org.uk

NOTES

**JUST CAN'T
WAIT**

I HAVE A MEDICAL CONDITION
AND NEED TO ACCESS THE
TOILET URGENTLY



TOILET
ACCESS CARD
Bladder &
Bowel UK

Access to loos
when you're out and
about

Order online
www.bbuk.org.uk

National Confidential Helpline

Information and signposting to anyone affected by a bladder or bowel problem. Individuals, their families, carers or clinicians may contact our helpline.

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0161 214 4591

Professional symposium

Join experts from the world of
bladder & bowel health



North West Symposium Thursday 7th March 2024 Bolton Arena, 9am-4pm

Providing healthcare professionals with
an excellent opportunity to gain
practical advice from national speakers
who are experts in their field.

Comprising of lectures, multi-
disciplinary discussions and case
studies.



Full adult programme

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Networking opportunities



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Book tickets online

