

## **Top Toileting Tips Readiness!**

Many parents delay starting toilet training as they have been told or they believe their child is 'not ready'. So how do we know if a child is 'ready' to be toilet trained?

In fact, there is no agreement as to what 'readiness' means. There is agreement however, that children need to develop a set of skills for them to be toilet trained. Many of those skills do not come naturally, so must be taught.

Toilet training should never be delayed because the child does not appear to have all the skills. Instead a step by step programme should be put in place to help the child learn what is needed.

By putting skill development programmes in place early, we can make sure all children are 'ready' to be toilet trained.



