



Step 4 – Using the toilet for wee or poo

Once your child has achieved steps 1-3 and you have identified their toileting habits, the time has come to remove the nappy and for your child to use the toilet to wee and poo regularly. This process will initially involve regular prompting and/or allowing the child to go to the potty themselves.

We strongly recommend you choose a suitable time when you feel able to commit to this and nothing major is going on for you and/or your child.

Once your child starts to wear pants at home, they should wear them **all the time they are awake**, including when out. Putting your child back in nappies or disposable nappy pants, even for a short time may confuse them and delay the toilet training process

You might decide to use washable training pants, or you could use a waterproof sheet to protect furniture, their car seat or buggy. Many parents recommend pet pads as an inexpensive option.