



## TOILET SKILLS ASSESSMENT

<b>Child's Name:</b> .....	<b>Date of Birth:</b> .....
	<b>NHS No:</b> .....
<b>Initial Assessment completed by:</b> .....	Date of 1 <sup>st</sup> assessment: .....
	Date of 2 <sup>nd</sup> assessment: .....
	Date of 3 <sup>rd</sup> assessment: .....

		Assess 1	Assess 2	Assess 3
<b>(a) bladder function – bladder emptied:</b>		√	√	√
1 More than once per hour	↓			
2 Between 1-2 hourly				
3 More than 2 hourly				

<b>(b) Bowel function:</b>				
1 Has more than three bowel actions per day	↓			
2 Does not always have normally formed bowel movements ie is subject to constipation or diarrhoea				
3 Has regular normally formed bowel movements				

<b>(c) If night-time wetting occurs:</b>				
1 Frequently i.e. every night	↓			
2 Occasionally i.e. has occasional dry nights				
3 Never				

<b>(d) If night-time bowel movements:</b>				
1 Occur frequently i.e. every or most nights	↓			
2 Occur occasionally i.e. has some clean nights				
3 Never occurs				

<b>INDEPENDENCE</b>				
<b>(e) Sitting on the toilet:</b>				
1 Afraid or refuses to sit	↓			
2 Sits with distraction or encouragement				
3 Sits briefly with or without toilet adaptation				
4 Sits long enough to complete voiding or a bowel action				

<b>(f) Going to the toilet:</b>				
1 Gives no indication of need to go to the toilet	↓			
2 Gives some indication of need to go to the toilet				
3 Sometimes goes to or indicates need for toilet of own accord				

		Date	Date	Date
<b>(g) Handling clothes at toilet:</b>		√	√	√
1 Cannot handle clothes at all	↓			
2 Attempts or helps to pull pants down				
3 Pulls pants down by self (if physically able)				
4 Pulls clothes up and down without help				

<b>Other components</b>				
<b>(h) Bladder control:</b>				
1 Never or rarely passes urine on toilet/potty	↓			
2 Passes urine on toilet sometimes				
3 Passes urine on toilet every time				
4 Can initiate a void on request				

<b>(i) Bowel control:</b>				
1 Never or rarely opens bowels on toilet/potty	↓			
2 Opens bowels on toilet sometimes				
3 Opens bowels on toilet every time				

<b>(j) Behaviour problem, that interferes with toileting process eg screams when toileted, faecal smearing:</b>				
1 Occurs frequently	↓			
2 Occurs occasionally i.e. less than once a day				
3 Never occurs				

<b>(k) Wears disposable nappies, "pull ups" or similar:</b>				
1 Yes	↓			
2 No				

<b>(l) Toilet:</b>				
1 Requires toileting aids or adaptations	↓			
2 Uses normal toilet/potty				

<b>(m) Response to basic commands, eg "come here":</b>				
1 Never responds to commands	↓			
2 Occasionally responds				
3 Always responds				

<b>(n) Diet:</b>				
1 Refuses/unable to eat any fruit/veg	↓			
2 Will occasionally eat fruit/veg each day				
3 Eats adequate amount (age+5 = grams fibre)				

<b>(o) Fluid intake:</b>				
1 Drinks poor amount < 50ml/kg per day	↓			
2 Drinks 50mls/kg per day < (4-5 drinks)				
3 Drinks 80ml/kg per day (6+) drinks				