

Bladder & Bowel UK Newsletter

July 2019

2 BBUK SYMPOSIUMS IN 2020

Making CPD more accessible

CHILDREN WITH BLADDER & BOWEL PROBLEMS LET DOWN BY EDUCATION SYSTEM

LOOK GOOD, FEEL GOOD AWARD WINNERS 2019

ADULT BOWEL & PAEDIATRIC EDUCATION DAY

Limited places

TALK ABOUT BEDWETTING NOW AVAILABLE IN WELSH



Bladder & Bowel UK

Supporting people with bladder and bowel problems

part of Disabled Living

Charity number: 224742



2 BBUK Symposiums in 2020

bringing our CPD events near to you!

**Ricoh Arena, Coventry
Tuesday 3rd March 2020**

&

**USN Bolton Arena, Horwich, Bolton
Wednesday 30th September 2020**

Health & Social Care Professionals have travelled from all corners of the UK to attend the BBUK Symposium in Bolton. Each year we are oversubscribed.

You have asked if we can organise a Symposium a little further 'south'. We are delighted this will happen in 2020.

We have gone one better, we are having 2!

Contact bbuk@disabledliving.co.uk for further information

Explore Our Key Features

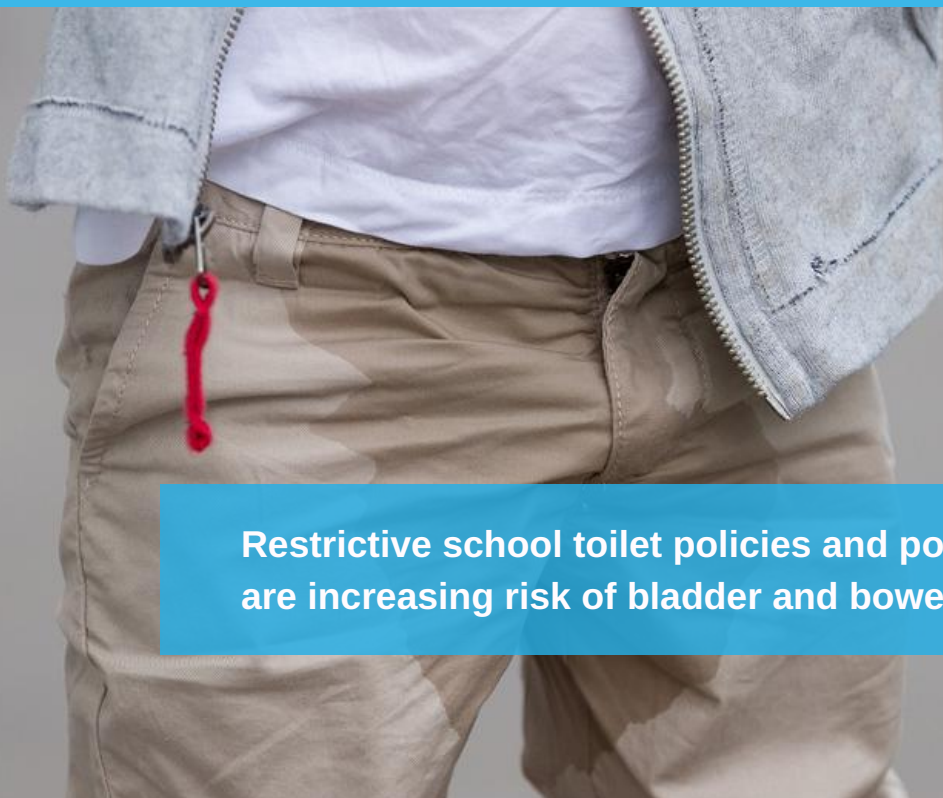
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Highlighting Support of the BBUK Helpline



If you would like to support our helpline please call us on: 0161 607 8219 or email:
bbuk@disabledliving.co.uk www.bbuk.org.uk/helpline-supporters

Children with Bowel or Bladder Problems Let Down by Education System, Study Finds



Restrictive school toilet policies and poorly maintained facilities are increasing risk of bladder and bowel problems in pupils

Children with bowel or bladder problems are missing school and struggling to concentrate in class as a result of a lack of awareness amongst teaching and support staff of their conditions, according to a new study by Essity, a leading health and hygiene company.

With an estimated 900,000^[i] pupils in the UK aged between five and nineteen suffering from bowel and bladder conditions such as bedwetting^[ii], constipation and soiling, the study suggests more needs to be done in schools to support children who suffer from these conditions.

[i] Figures based on Essity's Bottom of the Class report:

<https://schoolhygieneessentials.co.uk/>

[ii] A number of children with bedwetting also have daytime "urgency" or an urgent need to go to the toilet during the day

The research^[i], conducted on 1,522 secondary school children across Britain between the ages of 11-16, found that of those pupils who suffer from bladder or bowel problems:

- Three in ten (30%) say they have had to take time off school

- A quarter (25%) say they have struggled to concentrate in lessons
- 27% say their school doesn't understand their bladder or bowel problems
- 17% say they have missed lessons

It also found evidence of restrictive school toilet policies and poorly maintained facilities deterring children from going to the toilet when they need to, putting them at risk of developing future bladder or bowel problems:

- Over one in five (22%) 11-16-year olds – equivalent to 654,072 – are only allowed to use the toilet during break time
- Half of those surveyed (50%) – equivalent to 1,486,528 – said going to the toilet during lesson time is at the discretion of their teacher
- Two out of five (40%) – equivalent to 1,200,000 – said they only use the toilet when desperate, while five percent of children avoid using school toilets altogether

The University of Bristol, in partnership with ERIC, the Children’s Bowel and Bladder Charity, has launched a new educational film ([watch here](#)) which aims to raise awareness and understanding in schools of bladder and bowel conditions supporting Essity’s findings. It features the experiences of pupils with bladder and bowel conditions and provides practical information and tips to support and improve conditions for young people at school.

Its release coincides with Essity’s powerful research and the School Hygiene Essentials Initiative, which was launched by Essity in 2018 to address toilet hygiene issues in schools, with the aim of improving educational and health outcomes for children. The initiative is made up of a collective of health and hygiene experts, including Essity, the School and Public Health Nurses Association (SAPHNA), National Association for Primary Education (NAPE), ERIC (the children’s bowel and bladder charity), the Paediatric Continence Forum (PCF) and Bladder & Bowel UK.

Jack, 12, is one of many pupils who feel unsupported by the education system: “I was diagnosed with constipation just before I started high school. I avoid using the toilet at school at all unless I absolutely have to because they are dirty, often blocked and long way away from my classroom. when I joined the school my parents made sure I had a toilet card which means I can use the toilet when I need to however, on some occasions I have been refused to use the toilet by teachers even with a toilet card, if the teachers says no, I am forced to put the pass on the desk and walk out which makes me feel uncomfortable. I don’t think they care about students when they need the toilet, a small amount of teachers do, but not many. I’m sure that my problem is being made worse because of the facilities and lack of understanding at school.”

Kevin Starr, UK managing director at Essity, said: “It’s worrying to find that children who suffer from bladder and bowel problems are missing lessons and struggling to concentrate as a result of a lack of support and understanding around their condition.

“It’s also particularly concerning to find that toilet policies in some schools actually risk acerbating bowel and bladder problems amongst children by restricting when they are allowed to go to the toilet.

“Issues such as this risk undermining all the brilliant work that goes on in schools across the country and through the School Hygiene Essentials Initiative, we’re committed to working with teachers and support staff to raise awareness of the problem and improve the support in place for children who suffer with such conditions.”

Juliette Randall, chief executive of ERIC, The Children’s Bowel and Bladder Charity, said: “The University of Bristol worked closely with teachers to co-create this short film. It is aimed at secondary school staff and provides practical information and tips to support and improve conditions for young people at school. Its release today to coincide with Essity’s powerful research gives us a great opportunity to raise awareness of the terrible conditions young people face largely due to a lack of understanding at school. We are delighted that it will be hosted on the Essity School Hygiene Initiative Website.”

Davina Richardson, children’s specialist nurse for Bladder & Bowel UK said: “Bladder and bowel problems are common in children and young people, but due to stigma, embarrassment or the mistaken belief that the affected young person will grow out of them, they are rarely talked about or addressed. The findings of this survey are shocking, but sadly not surprising to those of us who work in this area of healthcare. There are many misconceptions and misunderstandings about children and young people’s basic hygiene needs, with a lack of training in this area for school staff. With increasingly constrained school budgets school toilets are too often neglected in favour of other demands, which are deemed to be of a higher priority.”

Dr Penny Dobson MBE, chair of the Paediatric Continence Forum, said: "This research brings into focus an often neglected and misunderstood area of child health, where children often suffer in silence. Teachers and other school staff need to be more aware about ways to enable children with continence problems gain easy and discreet access to school toilet and washing facilities - and for these to be of a more consistent quality standard."

Peter Cansell, NAPE national executive information officer said: "It's important for young children moving into secondary education this summer to feel confident that any concerns they may have with bladder or bowel issues will be addressed appropriately by their new school."

This campaign will help enormously to alert secondary schools to the potential problems that exist for so many children."

Further information and links to resources helping schools to support pupils with bowel and bladder problems at school and encourage children to regularly use school toilets can be found at <https://schoolhygieneessentials.co.uk/solution.html>.

[1] Figures based on Essity's Bottom of the Class report:

<https://schoolhygieneessentials.co.uk/>

[1] A number of children with bedwetting also have daytime "urgency" or an urgent need to go to the toilet during the day

[1] All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 1522 children aged 11-16. Fieldwork was undertaken between 8th - 26th March 2019. The survey was carried out online. The figures have been weighted and are representative of all GB children (aged 11 - 16).

Essity

www.essity.com

New Public Buildings to Have Changing Places Toilets for Severely Disabled People



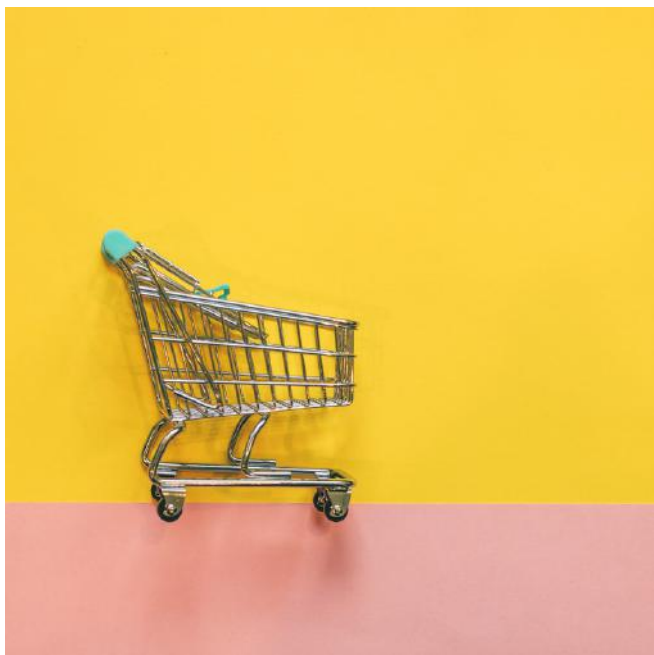
New, or majorly refurbished, large buildings used by the public must have Changing Places toilets, under government proposals being consulted on from today.

"The government has launched a 10-week consultation, which proposes the required size and shape of Changing Places toilets as well as the range of equipment that must be included."

Learn more information via the link below.

www.gov.uk/government/news/new-public-buildings-to-have-changing-places-toilets-for-severely-disabled-people

Sainsbury's Trials New Sunflower Lanyard Initiative to Help Customers with Hidden Disabilities



- The trial enables customers with hidden disabilities to collect a lanyard which indicates to colleagues that extra support is needed
- Following a successful launch at Sainsbury's Barnstaple store, the retailer will be rolling it out to further stores this month
- Sainsbury's is the first supermarket to trial the initiative as it continues to build on its vision to be the UK's most inclusive retailer

[Click here to learn more](#)

www.about.sainsburys.co.uk/news/latest-news/2018/14-08-2018-lanyards-trial

Changes to NICE Guidelines...

...relating to the use of synthetic polypropylene or biological mesh insertion for women with recurrent anterior vaginal wall prolapse, with a cross-reference to the NICE interventional procedures guidance 599 on transvaginal mesh repair of anterior or posterior vaginal wall prolapse, which says:

This change is to provide clarity regarding the relationship between NG123 on urinary incontinence and pelvic organ prolapse in women and IPG599 on transvaginal mesh repair of anterior or posterior vaginal wall prolapse, and takes account of a material change since publication in the availability of products CE-marked for the indication which was referred to in the guideline recommendations.

[Click here to learn more](#)

<http://nice.org.uk>

The 22nd 'Look Good, Feel Good' Award 2019



The 'Look Good Feel Good' award is a joint initiative of Bladder & Bowel UK (BBUK) and the Association for Continence Advice (ACA). This year's conference was held at the Conference Centre in Harrogate. Companies attending the ACA conference may enter a product that has been launched in year since last conference. The award is judged by continence specialists, allied health professionals, members of the ACA Executive and patient representative organisation.

This award highlights products that contribute to improving quality of life for people with bladder and/or bowel problems.

It aims to encourage designers to also consider reliability discretion and ease of use, as well as quality and innovation at an early stage in the development of new products.

1st place: The OptiSmooth MD Dilator by Vesica Urology Ltd



Adrian English (Vesica Urology Ltd)

OptiSmooth MD design has an anatomically shaped handle with indentations for thumb and fingers with raised micro surface areas. This provides an excellent grip, giving the user greater sensitivity and control compared to previously available designs using ordinary urine collection bag connector funnels as the handle.

Features:

- A tapered tip to help with the insertion with meatal strictures, female urethral tight spots and stenosed stomas.

- An advanced hydrophilic coating bonded to the tube surface. Within 30 seconds of being activated by water (tap water is fine) this provided an extremely lubricious coating that resists drying out, providing optimum comfort on insertion and removal.
- Two finger holes to aid opening of the packaging. Just peel apart in opposite direction to gain access to the dilator.
- Sticky pad allow the OptiSmooth MD meatal dilator to be secured to a clean surface, allowing you time to prepare.
- The OptiSmooth MD is available in 8ch, 10ch, 12ch, 14ch, 16ch and 18ch sizes which covers a range of paediatric and adult sizes.



OptiSmooth MD Dilator


Judges comments on the winning product were:

- Grip handle innovative
- Good for patients with weak/poor grip
- Compact with easy use handle
- Tapered tip good
- Good identity with colour coding
- Looks as if it will be a great product

For more information on this product, please contact: Adrian English, Vesica Urology Ltd, PO Box 4145, SLOUGH, SL1 0QA
Tel: 01753 445087
Email: www.vesicareurology.com

A message from Adrian English, Managing Director at Vesica Urology Ltd

Thank you all who voted thank you so very much for bestowing my company Vesica Urology with this wonderful look Good Feel Good award 2019.



I was truly humbled and honoured to receive this. I have always wanted to develop exciting new products that will improve clinical outcomes for patients.

I am very proud to have taken an existing concept and completely re-developed it from the ground up. Introducing key features that differentiate but also potentially improve on existing designs.

I have always valued very highly the opportunity to work and serve in this industry over many years.

This has been an absolute pleasure for me listening and learning and making strong friendships with so many wonderful nurses and physiotherapists and healthcare professionals over the years.

It will inspire me greatly to continue to develop world class products and to continue to support the wonderful nurses and healthcare professionals to deliver continually improving products.

2nd place: The Beambridge Flexi Funnel

The Male Funnel serves a range of purposes and has been designed for use in bed and out of bed. The product is moulded from a soft grippy plastic, which is easy to hold in place and comfortable against skin.



Karen Irwin (BBUK), Steve Mochrie (Beambridge Medical) and Trish McDermott (ACA)

The Male Funnels can be paired with drainage bags or leg bags. Additionally, for men with sufficient mobility and continence, the funnels can be used as a director when urinating into a toilet. To improve accuracy further, the Beambridge Extension Tube can be purchased to add an additional 46cm length.

The Male Funnel is the largest of the male funnel range and has the following dimensions: Length: 170mm Diameter: 41mm

For more information about this product please contact:

Beambridge Medical Ltd
Tel: 01483 571928 or 07831 693887
Email: beambridge@ntlworld.com
www.beambridgemedical.com

3rd place: The Qufora IrriSedo Klick System – MacGregor Healthcare



Karen Irwin & Davina Richardson (BBUK), the MacGregor Healthcare team and Trish McDermott (ACA)

This device has been designed, to promote effective bowel management and independence due to its easy to use functions. With click connectors, for easy click on/off, no twisting or alignment required making this device easy to use even with poor vision and/ or dexterity.

Due to its easy assembly and functionality this allows the user to perform irrigation independently.

The key to successful rectal irrigation is based on patient assessment, training and follow up. This product has been designed with patients in mind and in such a way that transanal irrigation integrates the needs of the patient so that it can be performed independently with ease, discretion and simplicity.

For further information please contact:
MacGregor Healthcare Ltd
Unit 2A, Euro House, Satellite Park,
Macmerry, East Lothian,
EH33 1RW
Tel: 0845 519 20 40
Email: info@macgregorhealthcare.com
www.macgregorhealthcare.com/contact-us/

Recruiting now!

We are conducting an online survey about toileting with health professionals, parent/carers, young people and education and social care staff.

The NHS wants to improve toileting services for children and young people with special educational needs and disability aged up to 25 years. We need to gather the views and experiences of families, clinicians, and school and social care staff, to establish how toileting is managed currently. The results of the survey will help inform health and care services for children in the future.

For further information and to take part in the survey, visit:

<http://sites.exeter.ac.uk/iconstudy/taking-part/>

ICoN
improving continence
for children and young
people with neurodisability

FUNDED BY
NIHR | National Institute
for Health Research



New! 4th Edition of the Kidz to Adultz Magazine

The 4th edition of our Kidz to Adultz Magazine is now live online!

The 44 pages are packed with interesting articles including:

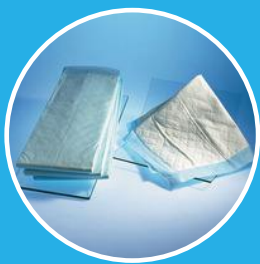
- Olly Murs and Brainwave
- Charles Dickens Charity Link
- 24 Hour Postural Care
- £18M Centre Opens
- Employing Personal Assistants
- Bedtime Worry-Free for Summer
- From School to Award Winner
- 70 Years of Life-Changing Work

Read the magazine online via:

https://issuu.com/disabledliving/docs/kidz_to_adultz_magazine_4th_issue?fr=xKAE9_zU1NQ

Visit Bladder & Bowel UK's Online Shop

Visit: www.bbuk.org.uk/online-shop or call: 0161 607 8219



Over 250,000
in stock items at
competitive prices

We are delighted to be working in partnership with Complete Care Shop to provide you with a comprehensive online shopping facility for equipment and products to make life easier.

Offering you choice from a wide range of manufacturers including disposable pads, pants, urinals, bedding protection, disposal and reusable bed and chair pads, wipes, gloves and a whole lot more.

The main advantage of purchasing via the Bladder & Bowel UK website, is the opportunity for you or your clients to speak to Continence Specialists for free impartial help and advice, ensuring unnecessary purchases are not made.

www.bbuk.org.uk/online-shop

BBUK Training



Bladder & Bowel UK (BBUK) has a strong focus on education for healthcare professionals, promoting excellence in clinical care.

Did you know that BBUK offers training on:

- Contenance Awareness
- Assessment and Management
- Bowel Assessment and Digital Rectal Examination
- All Aspects of Catheterisation

These courses are prepared, delivered and facilitated by continence specialist nurses who have a wealth of knowledge, expertise and experience within the speciality.

The courses are available on to NHS organisations and the independent sector.

Courses can be adapted to meet your needs and fulfil organisational requirements.

Education can be delivered at your venue or a venue can be provided by BBUK as part of an overall package.

For further information please contact BBUK on:

Tel: 0161 607 8200

Email: bbuk@disabledliving.co.uk

Here's what our delegates have to say...

“

- Good value for money
- Thank you for another excellent day
- Excellent variety of speakers

”

Adult Bowel Education Day - 26th September 2019

- Are you a Healthcare Professional who works with adults in bowel care?
- Would it be beneficial to network with other professionals?
- Would you like to join a group and attend an education event where you can share ideas and benchmark evidence based practice?



This interactive day offers Healthcare Professionals an opportunity to attend a variety of educational presentations and workshop sessions.

Date: Thursday 26th September 2019

Venue: Redbank House, St Chad's Street, Manchester, M8 8QA

Cost: £25

www.bbuk.org.uk/professionals/professionals-training/training-bowel-special-interest-group/

Paediatric Education Day - 17th October 2019

- Are you a healthcare professional who is supporting children with bladder & bowel problems?
- Would it be beneficial to network with other professionals?
- Would you like to join a group where you can share ideas and benchmark evidence based practice?



This interactive day offers Healthcare Professionals working with children and young people with bladder and bowel problems an opportunity to attend a variety of educational presentations and workshop sessions.

Date: Thursday 17th October 2019

Venue: Redbank House, St Chad's Street, Manchester, M8 8QA

Cost: £25

www.bbuk.org.uk/professionals/professionals-training/training-paediatric-continence-promotion-day/

New Resource - Talk About Bedwetting in Welsh

Siaradwch am wlychu'r gwely (Enuresis)



'Talk About Bedwetting' is now available via the BBUK website in Welsh.

[Click here to view the resource](#)

www.bbuk.org.uk/wp-content/uploads/2019/07/Welsh-Talk-about-bedwetting.pdf

Have You Read BBUK's Blogs on Bedwetting?



We have a range of blog posts to read including:

- Working with others to improve bedwetting
- Managing bedwetting in children with Down's Syndrome
- Where to find information about how to treat bedwetting
- Bedwetting in older children and teenagers
- Is bedwetting a 'normal' part of childhood?

[Click here to read bedwetting topics on our blog](#)

www.bbuk.org.uk/blog

The Royal Marsden Kidney & Prostate Cancer Meeting: Dilemmas from Diagnosis to Treatment



The Royal Marsden invite you to participate in this very exciting conference on Kidney and Prostate cancer.

Date: Friday 11th October 2019

Time: 9.00am - 5.00pm

[Book online now](#)

www.royalmarsden.nhs.uk/royal-marsden-kidney-prostate-cancer-meeting-dilemmas-diagnosis-treatment

Welcome to the Supplier Directory



The Disabled Living Supplier Directory provides information about companies and organisations that provide equipment, products and services to support disabled children, adults and older people.

You'll find the Supplier Directory on our website: www.disabledliving.co.uk

Financial Impact of Bedwetting



Bladder & Bowel UK are pleased to have linked in with some researchers from the University of Oxford. They are carrying out some research regarding the financial impact of bedwetting.

Bedwetting is a common problem that affects 20% of 5 year olds and persists into adolescence in 5% of the population. Previous research has confirmed that bedwetting has significant social and psychological impact on children. In addition, it is also estimated that bedwetting has a significant financial impact and this study aims to quantify this.

The study is being conducted by researchers at the University of Oxford and University College of London. The data you provide is anonymous and confidential, meaning, there is no way of tracing information back to anyone.

We wish to study the economic impact on families and the NHS by analysing direct and indirect expenditure of bedwetting. The data gathered will be used as evidence to inform governing bodies, aid funding of children's incontinence charities and initiate further research.

Thank you for your time.

Sarim Ather
University of Oxford

Click here to complete the survey: <https://docs.google.com/forms/d/e/1FAIpQLScE-hno4aAAcy9GDnxaY41GwoMXeLFmoNbidGRjRfpVtyhkUA/viewform>

Spotlight on BBUK Services: Helpline



How do we contact you?

The helpline is available Monday to Friday, 9.00am - 4.00pm. We are also contactable by email: bbuk@disabledliving.co.uk

So who contacts us?

General public and their relatives/carers. Health and Social Care Professionals and other groups such as teachers/assistants, nursing and residential homes. We may also be contacted by other organisations such as charities and support groups.

Duration of calls we receive?

We receive a large number of calls, each day to both the helpline or via our email service. Enquiries range from a quick question to more detailed complex in-depth questions.

**National Confidential
Bladder & Bowel
Helpline number is:**

0161 607 8219

Why do people contact us?

General public contact us for a number of reasons. Some may request information on continence products, aids and appliances. Some are unaware of the existence of local bladder and bowel services and are surprised when we inform them that things can be done to treat, improve or better manage their situation. We always try to suggest they present for assessment and to signpost or put them in touch with their local services, so they can access the help they need locally. We may also signpost to other charities or organisations.

CONTINENCE: A GROWING CHALLENGE

@ACA_Continence #ACAConf www.aca.uk.com

10 – 11 JUNE 2019 HARROGATE CONVENTION CENTRE, HARROGATE

ASSOCIATION FOR CONTINENCE ADVICE ANNUAL CONFERENCE AND EXHIBITION 2019



Bladder & Bowel UK (BBUK) attended the Association of Continence Advice (ACA) conference in Harrogate. The theme this year was ‘Continence A Growing Challenge’.

Alongside the main programme, ran a Paediatric workshop and Care Homes and Social Care workshop. The educational programme included a wide range of topics. Speakers delivered presentations across a wide range of topics. ACA members are now able to access presentations on the ACA website. BBUK nurses delivered presentations at both the Nocturia breakfast symposium and Paediatric workshop.

The company exhibition was a great success, with a diverse range of continence products, pharmaceuticals, devices, equipment, charities and organisations. This provided an excellent opportunity to update knowledge, gain new information, discuss innovative products, medications and devices with company representatives, forge links and develop ideas for improving continence care.

The Bladder & Bowel UK stand was very busy as ever, with healthcare professionals and company representatives visiting us to find out about the services we provide within the organisation and meet members of our team. It was also lovely opportunity to catch up with familiar faces who we

have known for many years.

The ACA conference provides us all with valuable networking opportunities, in a warm, welcoming and friendly environment. It allows opportunity for discussion with others who share enthusiasm for bladder and bowel care, which stimulates ideas and innovation to improve practice. We would encourage those working in all areas of bladder and bowel care consider joining this membership organisation if not already members, which brings the benefits of local group support, local and national education to drive excellence in continence care.

Paediatric Workshop - Davina Richardson, Children's Specialist Nurse at BBUK

The Paediatric Workshop at the ACA conference was busy and interesting. The first speaker, Jenny Brandom outlined how her CCG area had developed a Level 2 service for children with bladder and bowel issues. They started by identifying gaps in provision and then collaborated with a variety of stakeholders, supported by June Rogers from Bladder & Bowel UK. A subsequent business case resulted in provision of funding for a Band 6 children's bladder and bowel nurse.

The importance of early toilet training was discussed by Karen Nelson alongside the need for individualised toileting programmes, adjusted appropriately to the child's needs. Different ways of dealing with hypo and hyper sensitivities, including adaptations to the environment were outlined.

Sharon Holroyd focused on the issues for adolescents who continue to struggle with bedwetting. She talked about the aetiology and demographics and the psychological and social impacts before considering the treatment options for the young people.

Davina Richardson focused on the issues for children and young people who have to manage bladder and bowel difficulties in schools and how the schools should address the problems. She mentioned that many schools have misconceptions about the causes being related to laziness from the child or poor parenting. Davina described the legislation that can be employed to support best practice and outlined a guidance document for schools, which is currently being developed by Bladder & Bowel UK in conjunction with ERIC. It is hoped that this will be published in the autumn.

The final presentation was from Nicola Ball who described the multi-disciplinary team paediatric bowel service in Leeds. She discussed the management of children born with ARMs and Hirschsprung's disease as well as those with chronic idiopathic constipation.

Care Homes Workshop - Char: Liz Howard-Thornton, Clinical Specialist Team Leader (North Lancs), University Hospitals of Morecambe Bay)

This event took place on the second day of conference. Delegates from the main conference were able to attend any of the workshop sessions.

The day started early with an excellent additional free symposium sponsored by Ferring Pharmaceuticals, looking at the issues surrounding nocturia, outlining new advances in treatment, the patient perspective, plus ideas for improved non-pharmacological management.

Main session speakers then delivered a mixture of practical and lecture style sessions with presentations on best practice in catheter care, managing hydration, medication and polypharmacy, plus demonstrating how simple daily techniques can improve physical activity for elderly patients and substantially improve continence.

Afternoon sessions covered the importance of undertaking a proper continence assessment and not simply offering pads, along with a session regarding the assessment of functional incontinence and exploration of some of the vast range of products that are available to help.

For further information about ACA membership, contact Fitwise

Email: ACA@Fitwise.co.uk

Website: www.fitwise.co.uk

Twitter: @Fitwise_mgt

The Association for Continence Advice is the association for any continence professionals who wish to sustain their professional development, share skills and ideas with peers, network, remain aware of specialist educational opportunities and receive regular newsletters, and receive information about local branch activities and national awards.

*Karen Irwin, Service/Manager
Davina Richardson, Children's Specialist Nurse
Liz Howard, Clinical Specialist Team Leader*

Do you suffer from a bladder or pelvic condition?

King's College London are seeking to understand individual's experiences living with these syndromes, and the impacts they have on a person's wellbeing and quality of life. We are recruiting women over age 18 with a bladder or pelvic condition to participate. The study requires you to take part in a 30 to 60-minute telephone interview, where you will answer questions focused on your personal experience. The research aims to use the knowledge gathered to develop a biopsychosocial model of bladder and pelvic syndromes.



For further information please contact: claire.baker@kcl.ac.uk

Button Batteries – Using Them Safely

A wide variety of things in the home are powered by button batteries – also known as coin batteries – but they can cause severe problems if swallowed by a child. This information page from Great Ormond Street Hospital (GOSH) explains the risks of swallowing a button battery, what treatment might be required if your child swallows one and how to prevent it happening in the first place.

Batteries work by mixing two chemicals together to create electrical energy – they only work when a circuit is created. When the chemicals have run out, the battery can no longer create a charge so can be thought of as 'dead', but even dead batteries can still be dangerous.

Button (or coin) batteries are the tiny flat circular batteries that are used to power many objects around the home including:

- Watches
- Calculators
- Remote controls
- Electronic toys
- Key fobs, such as car keys
- LED lights
- Monitoring devices, for instance, blood glucose monitors
- Digital thermometers
- Greetings cards that make a sound

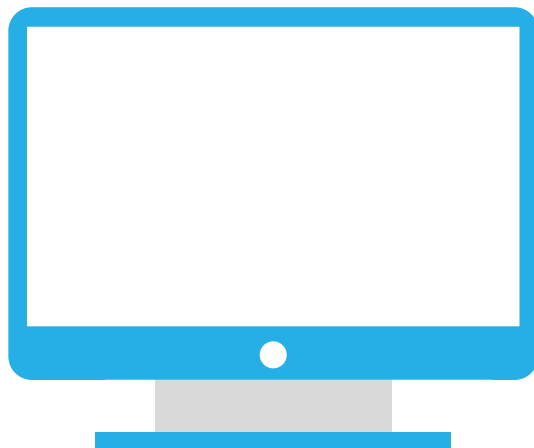
**For more information
please visit:**

www.gosh.nhs.uk/conditions-and-treatments/conditions-we-treat/button-batteries-using-them-safely

Loo of the Month - WC Toilet at the Entrance to Mtatsminda Park



Get in Touch with Us



For more information please visit:
www.bbuk.org.uk

Bladder & Bowel UK

Head Office - Disabled Living, Burrows House, 10 Priestley Road,
Wardley Industrial Estate, Worsley, Manchester
M28 2LY

Email: bladderandboweluk@disabledliving.co.uk
Tel: 0161 607 8219

Part of Disabled Living

Website: www.disabledliving.co.uk
Email: info@disabledliving.co.uk
Tel: 0161 607 8200



Bladder & Bowel UK
Supporting people with bladder and bowel problems