Child with physical and or learning difficulties presents with bedwetting

Is the child over the age of 5 years?  
- Yes:  
  - Continue current management. Review daytime wetting and exclude /treat any underlying problems, such as constipation.
  - No:  
    - Exclude/treat constipation. Review fluid intake and toileting programmes. Adjust as necessary.

Has the child been dry in the day for at least 6 months?  
- Yes:  
  - Encourage regular water based drinks throughout day with last drink and food about an hour before bedtime. Adjust volume/type/timing of drinks as necessary.
  - No:  
    - Encourage regular voids throughout the day, with last void at bedtime.

Does the child drink recommended 1500mls (approx 6 drinks) per day?  
- Yes:  
  - Encourage regular voids throughout the day, with last void at bedtime.
  - No:  
    - Has any underlying constipation, if present, been treated?
      - Yes:  
        - Treat the constipation following NICE Guidelines and Quality Standards.
      - No:  
        - Discuss treatment options with the child (as appropriate) and family. Utilise the CMT to help in the treatment decision, which needs to take account of assessment findings, family choices and suitability of treatments, including child’s ability to cope with an alarm.

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Commence treatment programme for bedwetting, as appropriate. Follow the NICE algorithm for treatment with either alarm or Desmopressin (DesmoMelt). Review the child on a regular basis.

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